

## SPSO decision report

**Case:** 201003932, Ayrshire and Arran NHS Board

**Sector:** health

**Subject:** clinical treatment/diagnosis

**Outcome:** not upheld, no recommendations

### Summary

Mr C, who is a prisoner, complained about his health care treatment in prison. He was unhappy that the doctor would not prescribe him with sleeping medication.

In Mr C's case, the medical records showed that he had been prescribed a three night course of sleeping medication, offered non medication alternatives including smoking cessation advice and sleep hygiene advice and had his case referred to a consultant psychiatrist for review.

In light of this, and on the advice of our medical adviser, we were satisfied that the treatment provided to Mr C was reasonable and we did not uphold his complaint.